

# Chester SSP



## Newsletter



February 2024

Welcome to the first newsletter of 2024. This half term seems to have flown by, with our sportshall athletics events, the netball, our Gifted and Talented session and the first of the county finals.

Coming up in March we have the Cheshire and Warrington Inspire Games county finals, and we are also involved in the FA's Biggest Football session. We would like to wish all our schools the best of luck in the county finals!

If you have any time before Easter—please have a look at the Inclusive Health Check on your School Games dashboard. By completing this now, it will save you a lot of time in the summer when you come to apply for your School Games Mark.

Coming up soon we have a CPD session on 60 active minutes and physical literacy. Keep an eye out for an email on information on this.

### Cheshire and Warrington Inspire Games County Finals Boccia & NAK

Congratulations and well done to Boughton Heath and The Arches primary schools for representing Chester at the Cheshire and Warrington Inspire Games county finals in Boccia and New Age Kurling.

The competitions were held at Cardinal Newman High School in Warrington.
This was the first time that many of the children have represented their school in a county competition and you could just see the excitement on their faces. They all did us proud with their fantastic teamwork and sportsmanship. Well done.





## Year 5&6 Sportshall Athletics

On Wednesday 17th and Thursday 18th January we held our Year 5&6 Sportshall Athletics competitions at Ellesmere Port Sports Village. Over the course of the two days 20 schools took part in the event.

It was fantastic to see and hear the excitement from the children taking part in the events cheering on their classmates.

Results of each session are as follows:

#### **Session 1 Wednesday morning:**

#### 1st Highfield

2nd Christleton

3rd Mickle Trafford

#### **Session 2 Wednesday afternoon:**

#### 1st St Martins

2nd Saughall

3rd Hoole

#### **Session 3 Thursday afternoon:**

#### 1st Upton Heath

2nd Acresfield

3rd St Werburgh's

## After the results are combined, the overall scores were:

#### 1st St Martins

#### 2nd Highfield

#### **3rd Saughall**

Many thanks to the coaches from CEPD for judging the events and to the helpers from West Cheshire Athletics Club for their invaluable support.

Good luck to St Martins and Highfield who will represent Chester at the Cheshire and Warrington Inspire Games finals in March.







#### Year 3&4 and 5&6 Netball

On 31st January and 1st February we held our Year 3&4 and 5&6 Netball events at Blacon High School. The Year 3&4 event was a chance for the children to play friendly non scoring games where they can learn the skills and rules of netball.

The Year 5&6 event is a pathway competition to the county final. Here we had some excellent matches between the schools with some marvellous netball being played.





Well done to St Oswalds who played extremely well to win the final, and they will represent Chester at the county final in March.

Thank you to the brilliant students from Blacon High School who umpired the matches, and to the school for hosting the events.

## Biggest Ever Football Session

On Friday 8th March 2024, the Biggest Ever Football Session is back, and this is your official invite to get your school involved. Whether you are already delivering girls' football in your school or want to take that first step to give girls' equal access, this is an event not to be missed. Get your school involved by signing up at the link below to receive resources, equipment and much more.......

#### www.girlsfootballinschools.org

We will be running a session at KGV on **Wednesday 6th March 2024, 9am –12pm** in partnership with Chester City FC. Please look out for an email from Chester SSP with all the information and an opportunity to sign up your school.



#### Year 6 Gifted and Talented Session

On Thursday 8th February we had our Gifted and Talented session for children in Year 6 at Ellesmere Port Sports Village. We invited Jansin Turgut who was an international rugby league player to run the session for us. Here the children took part in a fitness session on the athletics track involving running around the track and a fitness circuit. They all did extremely well and persevered despite the cold weather.

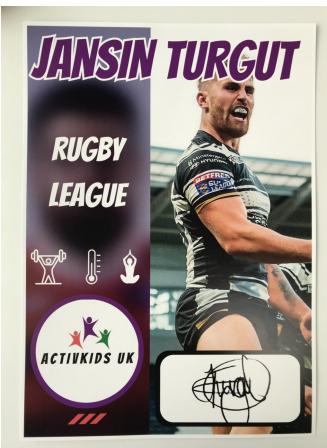
Jansin then did a presentation on the importance of nutrition, recovery, sleep, perseverance and wellbeing of an athlete. He talked about his own career highlights, his training programme, sleep patterns and what he ate before a big match.

The children had the opportunity to ask him questions on his career and his life.

Well done to all the children who came to take part and thank you to the teachers and parents who brought them to the event.

We wish all the children all the best in whatever they chose to do in the future.





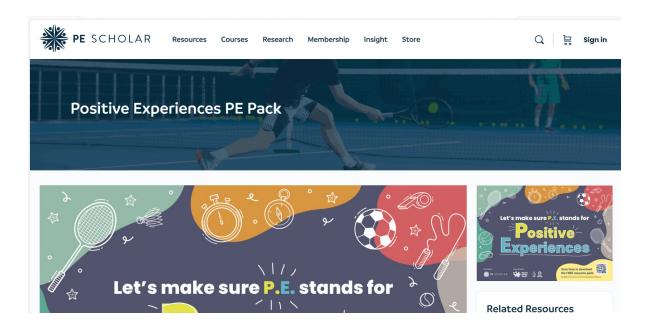


## Free PE resources for every Key Stage group

The Youth Sport Trust is delighted to have supported PE Scholar colleagues to produce a **comprehensive suite of resources for PE teachers**. The content is grounded in evidence, yet super accessible. Best of all, thanks to the legacy of Sport England Secondary Teacher Training project, it is absolutely, totally and utterly **free**.

Download yours today by following the link below.

Positive Experiences PE Pack - PE Scholar



### ESFA Primary School Football

We have a message from the organisers of the county ESFA primary schools football finals.

Many thanks to the teachers for organising their district rounds of the primary schools tournaments. Without your endeavours, we would not be able to stage our county finals. Your efficiency and co-operation makes my job considerably easier! The weather was kind on all 3 days. 56 teams took part involving nearly 550 pupils - an impressive number.

The winning schools and runners up were:

U9 Girls: Dee Point 2 Gawsworth 1

U11 Schools Cup for School Teams: Hartford 1 Barrow Hall 0

U11 Girls: St Philips 1 Marlborough 0

Small Schools: Acresfield Academy 2 Weston 0

All close finals! It was good to welcome Laura Holmes (Cheshire FA Womens and Girls Football Development Officer) to the two girls finals.

Good luck to the U11 winners who will now represent Cheshire in the Regional finals in March.

Many thanks once again!

John Clark

Well done to Dee Point and Acresfield for wining your events and thank you to everyone involved in the district matches.

# FREE STREET CRICKET

#### WHERE:

Ellesmere Port Catholic HS

CH65 7AQ - starts 27th Feb

#### WHEN:

Every Tues 5pm to 6:30pm

CONTACT: Tom Birch

07870524706



#### Partners:



YOUTH - AGED 8-15

- TAPE BALL CRICKET
- ALL ABILITIES WELCOME
- EXPLOSIVE ACTION
- NO EXTRA EQUIPMENT NEEDED
- COVID SAFE





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Don't forget to follow us on Twitter for all the latest pictures and updates.



@ChesterSSP

Website: www.chesterssp.co.uk

If you no longer wish to receive the Chester School Sport Partnership newsletter, please can you notify us on enewstead@blaconhigh.cheshire.sch.uk or claire.smedley@blaconhigh.cheshire.sch.uk and we shall remove you from our mailing list.

## Providing opportunities for every young person to shine'

#### School Games Mark

The application window for School Games Mark opens on 1st May.

If you need any support prior to the window opening or during the application process, please do contact us.

One of our Development Coaches has created a tool to use to help assess where you are

against this year's School Games Mark criteria for 2023/24. If you would like us to share this with you again please ask.

We are more than happy to come and sit with you to support your application.