

Chester SSP



Newsletter



October 2023

Welcome to the start of the new academic year. The summer break seems a long time ago now.

Please visit our website https://www.chesterssp.co.uk if you wish to enter any primary school or SEND competitions and events this year. Thank you to all the schools who have attended our events so far this term. Already we have had over 700 children take part in our events!

Congratulations to all the schools who achieved a School Games Mark Award in 2022-2023, you should all have received your badges to go on your pennants from last year. Please do contact us if yours has not arrived yet.

If you have any new PE subject leads in your school, or you have changed roles, please do let us know so that we can update our distribution lists.

If you are new to the role or need some help, we are more than happy to come to your school and help explain what we do and about the School Games, please do contact us.

The School Games Mark criteria has now been sent to all schools, please do have a look at it and start to collate evidence for your application at the end of the year.

We hope you have a lovely half term break and we look forward to next half term.

Inclusive Health Check

The Inclusive Health Check on the School Games website is now live for you to complete for this year. On completion of the Health Check you will be able to view any actions that can be added to your school development plan.

https://www.yourschoolgames.com/

The Inclusive Health
Check is part of the
School Games Mark
application, so it is a
good idea to get this
done in the autumn term
if you can. This will save
you time in the summer
term.



School Games Mark

The School Games Mark is a government led awards scheme launched in 2012 to reward schools for their commitment to the development of competition across their school and into the community.

Participating in this process allows schools to evaluate their PE provision and assists them in developing an action plan for future progress.

Congratulations to the following schools on your School Games Mark award last year.

Blacon High School Bishop Heber High School The Queens School Dorin Park School **Bunbury Aldersey Primary School** Guilden Sutton CofE Primary School St Theresa's Catholic Primary School **Boughton Heath Academy** Tattenhall Park Primary School Chester Blue Coat Primary School **Clutton Primary School** Upton Westlea Primary School Saughall All Saints Primary School **Highfield Community Primary School Waverton Community Primary School** The Firs School **Belgrave Primary School** Delamere CofE Primary Academy JH Godwin Primary School St Clare's Catholic Primary School Mickle Trafford Village School Acresfield Academy



Upton Health Primary School
Dee Point Primary School
St Oswalds Primary School
Overleigh St Mary's Primary School
Lache Primary School
Tarvin Primary School
Hoole Primary School
Huntington Primary School
Mill View Primary School
St Martins Academy
Newton Primary School

The criteria for the new academic year has now been released and has been sent to all schools.

The application window will open on 1st May and closes on 26th July 2024.

The Youth Sport Trust have confirmed that this year some applications will be chosen for external verification, so please do start to create an evidence file to make this process easier should you be selected.

PE and Sport Premium

All children and young people should live healthy active lives. The UK Chief Medical Officers recommend that all children and young people should take part in moderate to vigorous intensity physical activity for at least 60 minutes every day. Children with special educational needs and disabilities should take part in 20 minutes of daily activity.

The <u>Childhood Obesity Plan</u> says that at least 30 minutes of daily activity should take place in schools. Schools have a key role to play in achieving this aim. This is particularly true of primary schools where the foundations of positive and enjoyable participation in regular physical activity are embedded. All children should have equal access to high-quality PE provision and opportunities to experience and participate in a wide range of sports and physical activities. Academic achievement can improve in school because of the benefits children can gain.

Schools should use the PE and sport premium funding to help achieve these aims. It must not be used for core-type school activities. They should use it to make additional and sustainable improvements to the PE, sport and physical activity they provide, such as:

- funding high-quality PE and sport for at least 2 hours a week, complemented by a wide range of extracurricular sport and competitive opportunities
- providing or improving equal access to sport for boys and girls

Schools should prioritise PE and sport premium spending to improve in the following 5 key areas:

- increasing all staff's confidence, knowledge and skills in teaching PE and sport
- increasing engagement of all pupils in regular physical activity and sport
- raising the profile of PE and sport across the school, to support whole school improvement
- offer a broader and more equal experience of a range of sports and physical activities to all pupils
- increase participation in competitive sport

Further information can be found on the link below:

PE and sport premium for primary schools - GOV.UK (www.gov.uk)

As part of the conditions of grant, schools must publish a report detailing how they have spent their PE and sport premium funding allocation on their school website by 31 July 2024.

Reports must include:

- the amount of PE and sport premium received
- a full breakdown of how it has been spent, including justifying any additional costs incurred and describing:
- the measurable impact that the school has seen on pupils' PE attainment, physical activity and sport participation due to the spending
- how the spend will be sustainable in the future

Schools must also publish the percentage of pupils within its year 6 cohort in the 2023 to 2024 academic year who met the national curriculum swimming and water safety requirements. This is collected as part of a school's PE and sport premium reporting requirements even though the funding can only be used to provide additional support for pupils failing to meet the curriculum standards.

The reporting template below is a helpful document to use.

Evidencing-the-Impact-of-the-Primary-PE-and-sport-premium-Template-2024-Final.docx (live.com)

Girls Rugby Festivals

On Wednesday 20th and Thursday 21st September we helped Chester Rugby Club run a Girls Rugby Festival for children in years 6 and 7 in conjunction with Sale Sharks Rugby Club.

On the Wednesday morning we had 14 teams from our primary schools who took part in the mini games and a skills session led by three players from the Women's Sale Sharks rugby team. It poured down with rain, but this did not deter the girls from having fun. Thank you to the teachers for supporting the event.

On the Thursday thankfully the weather was a bit drier, and we had 6 teams attend the year 7 event at the rugby club. Many of the girls were new to rugby and enjoyed playing in the mini games and learning

new skills from the Sale Sharks.

Thank you to Chester Rugby Club for organising a fantastic event for the girls to learn about rugby and to have the opportunity to meet the lovely Sale Sharks players.

Thank you to the coaches from CEPD for refereeing the matches.







Year 3&4 and 5&6 Touch Rugby Festivals

On Wednesday 11th and Thursday 12th October we held the touch rugby festivals at Chester Rugby Club. In total we had 410 children attend the event from 22 schools. Again the weather was a bit mixed with a very wet morning for the Year 3&4 event, but sunshine for the year 5&6 children.

Many of the children were new to playing rugby, and it was a fantastic opportunity for them to learn the game in friendly non scoring games.

Thank you to Chester Rugby Club for letting us use the amazing facilities at your club. We hope that some of the children have been inspired by the event and will come along to the training sessions at the club.

Thank you to the teachers and staff from the schools for supporting the children at the end. We absolutely love watching all the children enjoying themselves when taking part in sporting activities. Thank you also to the amazing coaches from CEPD for refereeing the matches.







SEND New Age Kurling & Boccia Festival

On Monday 16th October we held our New Age Kurling and Boccia festival at Ellesmere Port Sports Village.

39 children from 7 schools took part in the fun event where they learned how to play the games.

There was no scoring involved and the children just enjoyed themselves with their friends in a relaxed environment.

It is such a pleasure to watch the children, many of whom had not represented their school before.

Thank you to all the teachers and support staff who came along to the event.



Game On- Secondary Schools

Barclays Game On was developed by the Youth Sport Trust (YST) in partnership with England Football. The programme is designed to support secondary schools to create engaging, meaningful and enjoyable football opportunities for the girls in their school. We are pleased to announce that booking links for the Barclays Game On – GO Teach teacher training series are now live. By attending this free to access training you will:

- Develop a new approach to delivering PE with a life skills focus
- Increase adolescent girls' self-esteem, confidence and engagement in football related activities
- Access resource cards to support and accelerate your planning
- View digital assets and videos to bring the activities to life
- Get an equipment pack worth over

£100.

If you have any questions, contact us at fagirls@youthsporttrust.org.

Follow the link below:

<u>Developing life skills and leadership</u> <u>through football</u> (girlsfootballinschools.org)



Koboca Survey (Primary and Secondary)

We are asking schools to complete the National Physical Activity and Wellbeing Survey on Koboca. Thank you to all the schools who have taken part, so far we have had over 1000 responses.

In around 10 minutes per class, your school can have:

Evidence you can use in Ofsted inspections.

Data for Sports Premium reporting.

Data for School Games Mark.

You will be able to see the names of pupils making up each response. To see how to get the most out of your reports please watch this 2-minute video https://youtu.be/iJurejrd-xY

We would really appreciate it if you could get as many classes as possible to complete the survey by **1st November.**

To complete the survey please follow the below steps.

Login to your Koboca Account and select the MY SURVEY tab. https://www.koboca.co.uk/
Next to the **PUPIL ACTIVITY & WELL-BEING SURVEY 2023/24** there is a button called COPY LINK. Click this.

Paste this link into your pupils' shared area.

Ask pupils to click on the link and complete the survey.

If you are not yet registered on the koboca website, please do contact us and we can help you.

There are online tutorial videos from the Athlete Mentor Jenna Downing. Once pupils click on the link, the class teachers can play their year group video below and Jenna will guide the pupils through each question giving them an allocated time to select their answer.

If you need any assistance, please do let us know.

Year Group	Video Tutorial Link
Year 1&2	https://youtu.be/klO8_rBQ6JI
Year 3,4&5	https://youtu.be/8Sv5MUzgIAs
Year 6	https://youtu.be/LPYwPAvbnHA

Select a year:	
2023 - 24	
National Survey	2

Survey	Created	Options
SECONDARY- PUPIL ACTIVITY & WELL-BEING SURVEY 2023 / 24	4th Aug 2023 16:22	
PRIMARY - PUPIL ACTIVITY & WELL-BEING SURVEY 2023/24	4th Aug 2023 16:19	

West Cheshire Athletic Club Schools Cross Country Race Series 2023/24

At Ellesmere Port Sports Village, Stanney Lane, Ellesmere Port, Registration from 9.30am for school years 3 & 4 And from 10am for school years 5-8.

First Race Starts at 10am.

Dates of Fixtures:
Saturday, November 4
Saturday, November 18
Saturday, December 9 Race

Order for the following Girls and Boys year groups: Year Three, Year Four, Year Five, Year Six, Year Seven, Year Eight.

Medals will be presented to the first three finishers in each race.

The first three finishers from each school in each race will count as a team towards a team score based on their positions, and the team event will be held over four rounds.

Awards will also be presented to the top three finishers overall in each age group after four rounds.

Each pupil from each school will be provided with a race number which should be attached to the front of their T-shirt/vest.

Each participating school should provide a representative/parent/team manager at each round.

Further details from Dennis Wall at West Cheshire AC. Tel: 07968 643038. Email: dennis.wall1@ntlworld.com

FREE AUTUMN HOLIDAY VIRTUAL ORIENTEERING

At Castle Park, Frodsham 24th October 10am-3pm

Bring the family and try out one of three virtual orienteering courses all set in Castle Park. All courses are Beginner friendly and free for the whole family

- Parking: Castle Park Car Park, Castle Park, Frodsham WAG 6DG
- Start: North of the car park Finish: South of the car park
- Time: Start any time between 10am-3pm
- Cost: FREE!
- Courses available:
 Find Your Way Short, Medium, Accessible Wheelchair
- · Course details:
 - -Short (Starting and finishing outside of the car park, explore the Castle Park while mostly sticking to paths and tracks or venturing off to obvious features, this is prefect for young children and families)
 - Medium (Venturing off the paths and taking on the ultimate navigational challenge explore this park in its entirety, perfect for beginner adults and adventurous families)
 - -Accessible wheelchair (based entirely on paths and avoiding any stairs this course is perfect for those wanting an easy walk, those who struggle with their mobility along with anyone with a disability, needing wheelchair assistance or using a pram or buggy)





Chester School Sport Partnership Blacon High School Melbourne Road Blacon, Chester CH1 5JH Phone: 01244 371475 ext 130



School Games Organisers:
Claire Smedley & Elizabeth Newstead

claire.smedley@blaconhigh.cheshire.sch.uk enewstead@blaconhigh.cheshire.sch.uk



Don't forget to follow us on Twitter for all the latest pictures and updates.



Website: www.chesterssp.co.uk

If you no longer wish to receive the Chester School Sport Partnership newsletter, please can you notify us on enewstead@blaconhigh.cheshire.sch.uk or claire.smedley@blaconhigh.cheshire.sch.uk and we shall remove you from our mailing list.

Providing opportunities for every young person to shine'

Rugby World Cup Resources

With the Rugby World Cup underway in France and the inaugural WXV Women's tournament to follow in New Zealand, rugby union will be in the limelight over the next several months.

To celebrate the sport being in the spotlight, the RFU have a range of resources for schools to access, including Rugby World Cup Activation guides, Play Together Stay Together support, and brand new girls rugby campaign Love Rugby. Find the full suite of resources available on their website.

A great festival of rugby and opportunity to get young people involved for the first time or offer more rugby in their club, school, college, or university!

https://www.englandrugby.com/participation/running-your-club/resources