



# Newsletter



July 2023

Welcome to the last Chester School Sport Partnership newsletter for this academic year. I can't believe how quickly time has gone this year. We have run 25 competitions / festivals involving nearly 3,000 participants, the Top Up Swimming programme, Playground Leaders training, Sports Ambassador training, Eco Leader training, CPD sessions, 60 Active Minutes training and the Girls Football Partnership programme. We can't forget the Winter School Games county finals, the Cheshire Cricket finals plus the PE Consortium activities for special schools. Then of course our Sports Awards ceremony at Blacon High School.

We wouldn't be able to have done any of this without the support from all the teachers in the schools, so thank you so very much for working so passionately and helping us to provide opportunities for the children to be active and take part in physical activity and sport. We are so very lucky in the Chester area to have such a dedicated group of schools to work with, we really do enjoy what we do because of you and the children.

The leaders who have helped us with our events have been amazing and a credit to your schools, so thank you to Blacon High School for allowing us to use your sports leaders at some of our events. Thank you to Judith Gilmour and the coaches from CEPD who have been so very professional at our events with the refereeing / umpiring of the matches.

The School Games Mark application window is still open and closes on the **26th July**. To gain the bronze award, there are just a few questions to answer, so even if you don't intend on doing the full application, bronze will literally take you less than 5 minutes to complete. Please do contact us if you need any assistance.

We hope you have a lovely summer break and look forward to seeing you in September!

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## Lawn Tennis Association CPD

Many thanks to everyone who attended the Primary Teachers tennis course in April. We hope that you found the training useful for your school.

For those who were unable to attend, and for secondary teachers, the primary and secondary courses are still available online – Teachers just need to register via the link and complete the training [Register for Advantage \(lta.org.uk\)](https://www.lta.org.uk)

Please do contact us if you need any assistance.

## School Games Mark

The School Games Mark is a government led awards scheme launched in 2012 to reward schools for their commitment to the development of competition across their school and into the community.

Participating in this process allows schools to evaluate their PE provision and assists them in developing an action plan for future progress.

Congratulations to the following schools so far on your School Games Mark award this year!

Blacon High School

Bishop Heber High School

The Queens School

Dorin Park School

Bunbury Aldersey Primary School

Guilden Sutton CofE Primary School

JH Godwin Primary School

Mickle Trafford Village School

St Clare's Catholic Primary School

St Theresa's Catholic Primary School

Boughton Heath Academy

Tattenhall Park Primary School

Chester Blue Coat Primary School

Clutton Primary School

Upton Westlea Primary School



Upton Health Primary School

Acresfield Academy

Dee Point Primary School

St Oswalds Primary School

Overleigh St Mary's Primary School

### **Schools who have retained the Platinum Award for 2023:**

Saughall All Saints Primary School

Highfield Community Primary School

Waverton Community Primary School

The Firs School

Belgrave Primary School

Delamere CofE Primary Academy

The School Games Mark for the 2022/23 academic year closes on **Wednesday 26 July 2023**.

<https://www.yourschoolgames.com/>

## Mini Red Tennis and Inclusive Tennis Festival



On Wednesday 17th May Hoole LTC hosted the Year 3&4 Mini Red and Primary Skills Festival events. It was a glorious day where we had 19 school teams and 98 children involved in learning tennis skills and playing tennis matches.

Thank you to the coaches from CEPD for helping with the day and also to Hoole LTC for allowing us to use their amazing facilities!.



## Year 3&4 and 5&6 Tri golf

On the 26th and 27th May we held our Year 3&4, 5&6 and inclusive Tri Golf Festivals at Vicars Cross Golf Club. In total 29 school teams took part in the events involving 293 children.

Tri-golf is a fun official alternative version of golf, designed specifically for primary school children. As a more energetic version of golf, tri-golf enables children to take their first golf shots safely under adult supervision, and build a good golf foundation.

The festivals involved various skills stations which the children rotated round in groups of either putting or chipping the ball.

This was the first time that we have held the event at Vicars Cross Golf Club and we were very impressed with the facilities of the club. We hope that the children felt comfortable so that should they want to learn more about golf, that they will be able to attend the club. The staff and members of the club were extremely helpful.



Thank you to the coaches from CEPD for helping with the event.



## Cricket

On 24th May we held our Year 3&4 Diamond Cricket event at Boughton Hall Cricket Club. Over the course of the day we had 12 school and 128 children play Diamond Cricket.

Diamond cricket is a game that keeps players moving.

The game develops fielding, batting, bowling and teamwork skills, and encourages thoughtful placement of the ball by the batter.

Thank you to the teachers for bowling and scoring the matches, we hope that schools are now playing the game and enjoying cricket.

The following day we had our Year 5&6 Mixed B cricket and girls cricket competitions at Boughton Hall Cricket Club. Then the A cricket was on 8th June.

In total we had 25 school teams and 298 children play Dynamos Cricket. Dynamos cricket provides children with a more social offer focused on developing fundamental movement skills and applying them in an exciting game of countdown cricket.

Winning the A event and going through to the county final were **Christleton Primary School** with **Tarvin Primary School** coming in second place.

In the girls event, the winners were **St Martin's Academy** with **Kelsall Primary School** finishing as runners up.

Thank you to Boughton Hall Cricket Club for allowing us to use the fantastic facilities at the club, and to the coaches from CEPD for umpiring the matches. Thank you also to Tom and Owen from Cheshire Cricket Board.



# Cricket

## CRICKET COUNTY FINALS

Congratulations to Tarvin Primary School and Christleton Primary School for getting through to the boys county final and to Kelsall Primary School and St Martins Academy girls teams for also making it through to the county finals.



### Boys Results

Tarvin—1st County Champions!

Christleton—3rd overall

### Girls Results

Kelsall—1st County Champions!

St Martin’s Academy—3rd overall

Amazing results from all four schools who attended the county cricket finals, great to know we have the best boys and girls school teams in the county!!



## Year 3&4 Small Sided Football



On Wednesday 21st June we had our year 3&4 small sided football competition at Blacon High School. We had 9 school teams take part involving 72 children. We had a round robin tournament with the winners being Upton Heath Primary School.

Thank you to Stan, Myles, Zak, Amarri and Jake from Blacon High School for refereeing the matches and to Blacon High School for hosting the competition.

## Dorin Park Football Teams

Dorin Park girls football team took part in (for the first time) with the boy's football team a football tournament organised by the Cheshire FA, with their PE teacher Mr Tom K

The girls have been practising their football skills during a lunch time girls only football club.

Well done to all who took part!



## Quad Kids Athletics

On Thursday 29th June we had our final sports event of the year, the Quad Kids Athletics competition which was at Upton High School. We had 7 school teams taking part in the event involving 59 children. The children all took part in the 75m sprint, 600m run, standing long jump and vortex howler throw.

This was a fantastic opportunity for the children to take part in new events within athletics. The children all did really well and it was great to see the children working together as a team.

The winning school was Saughall All Saints Primary School with St Martins Academy finishing a close 2nd place.

Well done to all the children who took part in the event, and thank you to the teachers and staff from the schools for supporting them.

Thanks to Upton High School for hosting the event and to the coaches from CEPD for officiating the events.



## Eco Leaders Training

On Wednesday 28<sup>th</sup> June we held our Eco Leaders training at Hoole LTC. This was for children in KS2 who are eco leaders at their school to learn about how the power of sport can be used to influence people to think and take action to protect the environment and think about sustainability and climate change. 24 children from 11 primary schools attended the event.

We talked about what they already knew about sustainability and helping to protect the environment, moving on to what changes we could make as schools and individuals. Looking at large sporting events i.e. Birmingham Commonwealth Games where it was classed as the first sustainability games and what changes they made to help the environment, leading on to what sports events they could run at school and how they could make it sustainable and eco-friendly. They all enjoyed the session and left with an eco-friendly bamboo pin badge.





## Panathlon Swim Gala

Congratulations to Dorin Park School who finished in first place at Dee Banks Schools for the Panathlon swim gala.

The event was a great success and thank you to Michelle from Dee Banks for organising such an exciting swimming gala.

Dorin Park also finished in 4th place in the seniors swimming gala. Well done and congratulations to everyone who took part.



## The Big Dance Off

A huge congratulations to Saughall All Saints Primary School who have been crowned National Champions in the Big Dance Off competition in Oxford on 8th June.

This is a fantastic achievement, but what makes it even more phenomenal is that they are now 4 x National Champions!!

The squad showcased the impact that social media has on society and children in particular.

The team of 54 children impressed the judges and were chosen as the national winners of the competition after a regional win saw the team score a perfect 200/200 in Warrington in April.

Well done to all the children and staff involved in this incredible achievement.



## PE and School Sport Premium

Maintained schools, including those that convert to academies, must publish information about their use of the premium on their website by the 31 July 2023 at the latest.

### Schools must publish:

- the amount of premium received
- a full breakdown of how it has been spent, or will be spent before **31 July 2023**
- what impact the school has seen on pupils' PE and sport participation and attainment
- how the improvements will be sustainable in the future
- the percentage of pupils within their year 6 cohort for academic year 2022 to 2023 that can do each of the following:
  1. swim competently, confidently, and proficiently over a distance of at least 25 metres
  2. use a range of strokes effectively (for example front crawl, backstroke and breaststroke)
  3. perform safe self-rescue in different water-based situations

If selected, schools must also take part in a sampling review to scrutinise their compliance with these terms.

Further details can be found on the link below.

[PE and sport premium: conditions of grant 2022 to 2023 - GOV.UK \(www.gov.uk\)](https://www.gov.uk/guidance/pe-and-sport-premium-conditions-of-grant-2022-to-2023)

## Girls Football Activators

On Tuesday 4th July 13 year 7 girls from Blacon High School enjoyed taking part in the Girls Football Partnership Game On programme to become Football Activators. They enjoyed the different workshops on learning about different roles such as coaches, officials, team managers, club organiser, event manager, media manager, reporter, market researcher, designer and motivator.

This is the first step in the programme where next year they will begin to use their new skills and help to deliver a festival to primary school children.



## Sports Awards

Congratulations to everyone who was nominated and to those who won an award at the annual Chester SSP Sports Awards evening on Monday 3rd July at Blacon High School. We had former Liverpool Ladies football player, Welsh International and International football referee Cheryl Foster at our event who gave an inspirational presentation and speech about her journey.

The award winners are listed below:

Primary Sport Performer of the Year	Fynn Thomas	St Martins Academy
Primary Sports Performer of the Year	Lyra Riley	Upton Heath Primary School
Secondary Sports Performer of the Year	Sam Mason	The King's School
Secondary Sports Performer of the Year	Hana Wiley	The Queen's School
Primary Sports Team of the Year	Year 6 Hockey Team	St Clare's Catholic PS
Primary Sports Team of the Year	Year 6 Football Team	Boughton Heath Academy
Secondary Sports Team of the Year	U15 Netball Team	Upton by Chester High School
Secondary Sports Team of the Year	U13 Boys Hockey Team	The Kings School
SEN Club of the Year	Staff running club	Dorin Park School
Promoting Physical Activity and Wellbeing Award	Mickle Trafford Village School	
Girls Football Activators	Keira Waters, Isabella Kelly-Owen, Miley Tudor, Lacey Stevenson, Edie Byrne, Tiami Lemaitre, Maisie Thomas	Blacon High School

There was just a phenomenal amount of talent that we had in the room at our awards evening. We had district champions, county champions, regional champions and international players/athletes.

We are genuinely so very proud of all the winners and those who were nominated, we have some very talented young people in our area which should be celebrated.

Thank you to everyone who nominated teams and individuals for the awards evening and to everyone who came along on the night.

Thank you to Blacon High School who hosted the evening.

Keep an eye out on TV to watch Cheryl at the Women's World Cup this summer!

## Sports Awards Cont'd



## Sports Awards Cont'd



## World Cup Resources

Inspire your pupils this summer with FIFA Women's World Cup 2023 school resources. There is something for everyone, from PSHE lessons challenging gender stereotypes and learning about the history of women's football, to an easy guide on how to deliver your own Women's World Cup festival. Get involved now and bring Women's World Cup fever to your classroom.

[Login \(girlsfootballinschools.org\)](https://girlsfootballinschools.org)



## Concussion Guidelines for Grassroots Sports

The **Government** has published the first UK-wide [Concussion Guidelines for Grassroots Sport](#) which will help players, coaches, parents, schools, National Governing Bodies and sports administrators to identify, manage and prevent the issue.

The guidelines, developed by an expert panel of domestic and international clinicians and academics in neurology and sports medicine, sets out steps to improve understanding and awareness of the prevention and treatment of concussion in grassroots sport where trained medical professionals are less likely to be routinely present. It is targeted at people of all ages.

**'If in doubt, sit them out'** is the strapline, making clear no-one should return to sport within 24 hours of a suspected concussion and builds on guidance already introduced in Scotland.

Players, parents, coaches, teachers and administrators are now asked to read the guidance and familiarise themselves with the necessary steps to:

- **RECOGNISE** the signs of concussion;
- **REMOVE** anyone suspected of being concussed immediately and;
- **RETURN** safely to daily activity, education/work and, ultimately, sport.

The guidelines include a recommendation to call NHS 111 within 24 hours of a potential concussion, to rest and sleep as much as needed for the first 24 to 48 hours and avoid using devices which involve screen time.

In addition, a graduated return to activity such as work, education and sport is advised to reduce the risks of slow recovery, further brain injury and longer-term problems. Individuals should be assessed by an appropriate healthcare professional if symptoms persist for more than four weeks.

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## Summer Reading Challenge

The Youth Sport Trust are excited to be partnering with The Reading Agency for this year's Summer Reading Challenge which inspires children to discover the power of sport and play through reading.

With free rewards to collect and plenty of brilliant books to enjoy, the challenge is the perfect summer activity to keep young minds and bodies active over the holidays. There are also some amazing activity cards so families can get active together.

The Summer Reading Challenge website is available in libraries across the UK this summer.

Children can also take part online through the official Summer Reading Challenge platform. Click below to find out more.

[Summer Reading Challenge](#)





**Chester School Sport Partnership**  
Blacon High School  
Melbourne Road  
Blacon, Chester  
CH1 5JH  
Phone: 01244 371475 ext 130



**School Games Organisers:**  
**Claire Smedley & Elizabeth Newstead**  
[claire.smedley@blaconhigh.cheshire.sch.uk](mailto:claire.smedley@blaconhigh.cheshire.sch.uk)  
[enewstead@blaconhigh.cheshire.sch.uk](mailto:enewstead@blaconhigh.cheshire.sch.uk)



Don't forget to follow us on Twitter for all the latest pictures and updates.



Website: [www.chesterssp.co.uk](http://www.chesterssp.co.uk)

If you no longer wish to receive the Chester School Sport Partnership newsletter, please can you notify us on [enewstead@blaconhigh.cheshire.sch.uk](mailto:enewstead@blaconhigh.cheshire.sch.uk) or [claire.smedley@blaconhigh.cheshire.sch.uk](mailto:claire.smedley@blaconhigh.cheshire.sch.uk) and we shall remove you from our mailing list.

***'Providing opportunities for every young person to shine'***

**We hope that everyone has a lovely Summer break, thank you to everyone for your support and for providing opportunities for all the children to take part in PE, physical activity and sport.**

