

Chester SSP





Blacon High School Success Through Partnership

May 2023

Welcome to the Chester School Sport Partnership newsletter. We hope that you had a lovely Easter break and are enjoying the Summer term.

We have had quite a busy Spring term with the Cheshire and Warrington Winter School Games County Finals. Many of the events that we have organised this year have led to the county finals and we are extremely proud of all the teams for representing Chester at these events. No matter where the teams finished in the county final, to win the district event and represent Chester is a wonderful achievement and experience for all the teams.

All the primary school events for the Summer term are now on our website for you to enter. If you are unable to see an event which is towards the latter end of the term, please go to the calendar and click on the dates which are coloured in red. You will then be able to enter.

Thank you to all the staff who attended the 60 Active Minutes training in March. We hope you found it informative. If you would like to speak to us about the 60 Active Minutes guidelines, please do contact us. The Government aim is for children to do 30 active minutes within the school day and 30 active minutes beyond the school day. We have a presentation and handout to share with you if you wish to see them.

Our annual Sports Awards will be held in July, please do have a look at the nomination categories and send in your nominations. We really do enjoy reading about all the amazing achievements that the children in Chester have done.

Cheshire LTA Awards Evening

We are delighted to share with you that the Cheshire LTA (Lawn Tennis Association) held their annual awards evening at Chester Race Course in March, and we won an award!

This was for our partnership work with Hoole Tennis Club, our work in promoting tennis through our schools tennis festival and competition, and through encouraging teachers to take up the LTA teachers CPD course.

This was a lovely surprise to win the award and we want to thank all the teachers and schools in our area for supporting us in these events, we wouldn't have won without you.

Thank you to Hoole Tennis Club and Cheshire LTA!



Step into Sport Conference

On Friday 3rd March it was the Cheshire Step into Sport Conference at Cardinal Newman School in Warrington.

The Step into Sport County Conference focused on new young sports leaders in high schools, and was aimed at helping to identify how school sports clubs can be more inclusive. The expectation was that they will return to their schools and proactively support young people with SEND to attend their school sports clubs/opportunities.



The aim of the conference was to



empower and enable the young role models to be able to change beliefs, attitudes and perceptions of their peer groups and give them the confidence and aspiration to go back to their schools and communities and create a stronger voice for disabled young people in sport, through which young disabled people can influence and shape their own sporting provision and opportunities.

Representing Chester, we had a group of children from Bishop Heber High School who enjoyed taking part in the

conference. Thank you for attending.

PE and Sport Premium Funding update

The Government has announced a package of support for school sport funding, including:

- Equal access to sports in school setting out that offering girls and boys the same sports, where it is wanted is the new standard
- **Delivering a minimum 2 hours of curriculum PE** –with more support being offered through a refreshed School Sport Action Plan
- **Expansion of the Schools Games Mark** to reward parity of provision for girls this kitemark scheme, delivered by YST, recognises schools that create positive sporting experiences across all sports for young people, supporting them to be active for 60 minutes a day
- Over £600 million across the next two years for the PE and Sport Premium a funding commitment to improve the quality of PE and sports in primary schools to help children benefit from regular activity
- A new digital tool for PE and Sport Premium to support schools in using the funding to the best advantage of their pupils
- Up to £57 million funding for the open sports facilities programme to open up more school sport facilities outside of school hours especially targeted at girls, disadvantaged pupils and pupils with special educational needs.

You can read the Youth Sport Trust's response to the announcement in full by clicking below. https://www.youthsporttrust.org/news-insight/news/charity-welcomes-government-announcement-forcritical-school-sport-funding

As soon as we have more detail on the above, we will share this with schools.

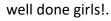
Girls Biggest Ever Football Session

For International Women's Day, the Football Association (FA) and Barclays held the Let Girls Play Biggest Ever Football Session, in which a record-breaking 285,000 girls from schools across England participated.

In conjunction with Chester City Football Club, we organised a girls year 3&4 girls football session at the King George V Sports Hub in Blacon. We had 59 girls from 10 schools take part in a variety of skills sessions followed by a friendly tournament in the afternoon.

The weather was very cold and even started snowing at some point, however the girls had a fantastic time with one girl saying "this was the best day of my life".

We had 8 Football Activators from Blacon High School attend the event as sports leaders to help with the skills activities and refereeing the matches. They were fantastic role models to the younger children—





Thank you to the teachers and parents for bringing the children and to the coaches for a fabulous event.





Primary Football

We are delighted to share with you the results from the North West NLT U11 Schools Cup, which was held in Oldham.

Representing Chester we had the girls team from Upton Heath Primary School and also a boys team from Boughton Heath Primary School.

We are extremely proud to say that both teams have been crowned Champions of the North West!

A huge congratulations to both teams, really well done and good luck in the Northern finals.



Sisters n Sport National Netball Cup

Congratulations to the U15 Netball team from Upton High School who played in the Sisters n Sport National Netball Cup competition. This was a massive event where 11k players took to the court, and 940 teams took part in the competition across all the different age groups and stages.

In the final match they played a team from Portsmouth High with the final score being...... Upton High 47 v Portsmouth High 20 !!!

Well done to the girls, this is an incredible achievement.





Cheshire & Warrington Winter School Games

From January through to March we have been holding the Cheshire and Warrington Winter School Games finals. These are the county final events following each of the eight areas from Cheshire and Warrington's district competitions.

Year 5&6 Quick Sticks Hockey

Alderley Edge Hockey Club was the venue for the Year 5&6 hockey competition on Tuesday 21st March.

Representing Chester we had a team from St Clare's Catholic Primary School. The team have been training hard all year for this event, and their dedication was rewarded with them winning the competition.

We are delighted for them, this is an amazing achievement for the team. Well done!



Year 5&6 Girls Basketball

On Thursday 23rd March Tarvin Primary School travelled to Rudheath Senior Academy for the Year 5&6 Girls Basketball competition.

The organiser of the event said that the quality of play throughout was great to see.

Well done to the girls from Tarvin who finished in 5th place in the event!.



Year 3&4 and 5&6 Gymnastics

The School Games Gymnastics competition was held at Moss Farm in Northwich on Wednesday 29th March.

Representing Chester we had Oldfield and Mill View Primary Schools. Results are as follows:

Oldfield 3&4 team—5th

Oldfield 5&6 team –8th

Individual event for year 5&6: Isla, Isabelle and Roxie—Mill View

Congratulations to the teams for representing Chester at the final and well done in your events!





Sportshall Athletics

On Wednesday 22nd March the Sportshall Athletics events were held at Ellesmere Port Sports Village. Representing Chester we six amazing teams with some fantastic performances. We are extremely proud of all the schools who took part, it really was a fantastic day for Chester schools.

The results are as follows: Year 5&6—Saughall All Saints—2nd place Year 5&6 small schools—St Martins Academy—1st place Year 7 Girls—The Queens School—3rd place Year 8 Girls—The Queens School—2nd place Year 7 Boys—Blacon High School—7th place and won Spirit of the Games award

Year 8 Boys—The Kings School—2nd place







U12, U14, U16 Girls Football





On Thursday 30th March we had the U12, U14 and U16 Girls Football finals at Moss Farm, Northwich. Representing Chester we had:

- U12—Bishop Heber High School—7th
- U14– Christleton High School—5th
- U16—Tarporley High School—1st

The organiser of the event said that the quality of play was very high and the sporting values were on show from the start to the finish of the event. Well done to all the teams and thank you to the teachers for supporting them.



Year 5&6 Netball

Our final event of the Cheshire and Warrington School Games county finals was the Year 5&6 Netball. On Thursday 20th April Belgrave Primary School travelled to Macclesfield to represent Chester.

They finished in 2nd place in the Plate section of the event, finishing in 6th place overall.

Well done to the team and thank you to the parents and teachers for supporting them.

The Cheshire and Warrington School Games has been a huge success again this year, thank you to all the schools who have taken part in all the district events and well done to those who have gone on to the county finals.



Table Cricket

Congratulations to the Table Cricket team from Bishop Heber High School who have been crowned Cheshire champions after beating a strong Wilmslow team in the semi and Wirral Grammar in the final.

The students were fantastic and made it to the regional event on 25th April. Here they lost out on the final on runs conceded but finished an incredible 3rd place overall.

Congratulations!





The Great Big Dance Off

Congratulations to Saughall All Saints for being crowned the North West Regional Champions in the Great Big Dance Off competition.

The Great Big Dance Off is a popular national dance competition open to schools all across England & Wales.

The vision is to create an exciting competition bringing together children of all ages and abilities where the emphasis is on having a good time.

The national final is on June 8th In Oxford and we want to wish all the children the best of luck!!





Koboca Survey

If you did not complete the Koboca survey in the autumn or spring terms, please can you do it now.

The survey is a fantastic tool that the children can use, so that you find out a little bit more about how they get to school, what sports they like to play, are they in a community club etc.

Across Cheshire and Warrington we have designed a survey for school children to answer these questions. Split into key stages, the questions are child friendly, age appropriate and easy to complete.

As a school you will be able to immediately see the results which can help you to plan for the year ahead. Only your school will be able to see the names of the children.

At upper KS2 and high school you can easily send out a link to the survey as homework for the children.

By using the survey you are able to gain valuable evidence for the School Games Mark such as tracking the 30mins of activity within and outside of school for the recommended 60 Active Minutes. You are also able to find out which of your children are inactive and what sports they want to take part in. This will help you to engage your least active children.

Schools need to register on the Koboca website and select Chester School Sport Partnership as your area. There is no need for you to purchase a license for the website as we have done so for all our schools. https://www.koboca.co.uk/

If you need any assistance, please do contact us and we are more than happy to come to your school and show you how it works.

Survey	Created	Options
KS1 School Games Survey	13th Sep 2022 15:18	 ✓ Test
KS2 School Games Survey	13th Sep 2022 15:17	 ✓ Test
KS3/4 School Games Survey	13th Sep 2022 15:17	
National Surveys	;	
Survey		Created Options

County Surveys

School Games Mark

The School Games Mark application window will open on Wednesday 3rd May and will close on 26th July. Apply for your School Games Mark today; log into your <u>dashboard</u> to begin on www.yourschoolgames.com

If you require any help with completing your application we can arrange to visit your school to go through this individually. In the mean time, to save some time during the application process, please complete your Inclusive Health Check on your School Games dashboard and if you can, complete a heat map on the Active School Planner. (Also accessible on your dashboard).

YST Secondary Teacher Training Programme Resources



The Sport England Secondary Teacher Training Programme ran from 2018-2022, involved more than 2,500 secondary schools and resulted in a huge range of new resources for PE teachers.

Although the programme is now closed, the resources are still accessible on the website.

Secondary teacher training programme | Spot England

Your School Games website

The refreshed Your School Games website now makes it easier for teachers to access the information and resources they need to deliver high-quality school sport opportunities for their children and young people. As well as a new look and feel, the site has improved navigation, news features, and displays sports and resources easier.

Your new Case Study feature is also now available on your School Games dashboards. This is a great way to share, celebrate, and learn from School Games practice across the country.

A guidance document is available for you to familiarise yourself with this new feature.

Your School Games - Your School Games

All Stars and Dynamos Cricket

All Stars Cricket aims to engage 5-8 year old children and their parents in a fun and inclusive activity that promotes healthy living: <u>https://www.ecb.co.uk/play/all-stars.</u> Whilst Dynamos cricket offers a great entry opportunity for children aged 8-11 to start or continue their cricket journey. <u>https://www.ecb.co.uk/play/dynamoscricket</u>

With national programmes now in their 6th year, both programmes have welcomed more than 500,000 children and their families to cricket throughout the country, and with 5 venues in Chester alone. Parents can simply tap their postcode into the websites above to find their nearest centre.

All children who sign up to the All Stars programme receive a 'Participant Pack,' which includes a backpack, bat, ball and activity booklet and those who sign up to Dynamos Cricket a receive a

Personalised Training shirt. Training is provided by qualified 'Activators' with full enhanced DBS Checks and child safeguarding certificates.

Based on previous years, demand for places is likely to be extremely high so we would recommend an early booking.



Parent Ambassadors

PARENTS are you interested in helping your child and his/her friends to be more active and healthier in body and mind? Do you want your child to be an even better focused learner? Would you be willing to give back some time to the school to help them achieve this?

Then you could become a School Games Parent Ambassador and we would love to hear from you!

Target – to engage all parents in the understanding of the School Games mission and support the school in getting all pupils active for 60 minutes / day (30 active minutes in school and 30 active minutes beyond the school day) in order to make a difference to their lives. Ideas:

- Advocate to parents the importance of the School Games mission and keeping children active for 60 minutes /day – this can be done daily in the school playground by chatting to parents, sharing ideas on how children can be active, finding out who needs support in this.
- Set up a PE parent group to explore ideas on how to ensure all children are active and to support the school in ensuring all children do 60 Physical activity active minutes a day in line with the World Health Organisation (30 active minutes at (5-18 Years) school and 30 active minutes at home)
- Support the PE coordinator in advocating the importance of the School Games mission to school governors, PTA and other key stakeholders in the school.
- Support and share INTENT of intra and inter • school competition.
- Support / work with school games crew.
- Input information re School Games outcomes on social media, school newsletter (have a Parent Ambassador column)
- Develop an eco-friendly school through eco - friendly sports events. E.g. No more certificates - what can take their place? Wooden medals (sustainably sourced wood) not plastic or metal shipped in from China. Recyclable water bottles – no plastic.

If you are interested in learning more about this role speak to your school's PE coordinator or contact us.

WEEK Get strong Move more

Find ways to help all children and young people accumulate an average of at least 60 minutes physical activity per day across the week

UK Chief Medical Officers' Physical Activity Guidelines, 2019

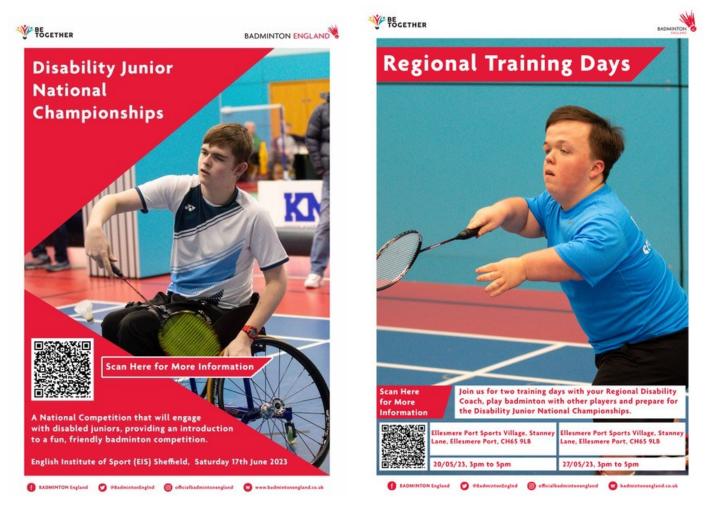
60 Active Minutes Training

Thank you to the teachers who attended our 60 Active Minutes training in March. This is open to all staff from primary, secondary and special schools, to learn about the Government's 60 Active Minutes guidelines.

If you would like us to come to your school and go through the information with you, please do contact us.



Badminton



If any children in your schools are interested in diability badminton—please see the flyers above.

National School Sport Week

The Youth Sport Trust have announced that their annual campaign, **National School Sports Week**, is back for 2023, running from Monday 19 to Sunday 25 June.

This year, they are aiming to ensure that all children in the UK are active for the Chief Medical Officer's recommended minimum of 60 minutes a day. (30 minutes within a school day and 30 minutes outside of the school day).

To register and receive the resources for National School Sport Week, the Youth Sport Trust are asking schools to pledge that throughout National School Sport Week, children will be active for 60 minutes a day.

Please follow the link below to register.

National School Sports Week - Youth Sport Trust



#PledgeToPlay to keep young people active for 60 minutes a day, for the UK's biggest annual celebration of PE, play and sport.



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🔰 @ChesterSSP

School Games Organisers: Claire Smedley & Elizabeth Newstead claire.smedley@blaconhigh.cheshire.sch.uk enewstead@blaconhigh.cheshire.sch.uk



Don't forget to follow us on Twitter for all the latest pictures and updates.



Website: www.chesterssp.co.uk

If you no longer wish to receive the Chester School Sport Partnership newsletter, please can you notify us on <u>enewstead@blaconhigh.cheshire.sch.uk</u> or <u>claire.smedley@blaconhigh.cheshire.sch.uk</u> and we shall remove you from our mailing list.

Providing opportunities for every young person to shine'

Beyond the Baseline—LTA Youth

Would you like your 11-16 year-olds to benefit from an exciting tennis based programme?

Delivered by YST in partnership with the LTA, Beyond the Baseline uses tennis and inspirational tennis mentors to help young people fulfil their potential. The aims of the programme are:

• To reach out to disengaged young people using tennis as the vehicle to provide them with support to improve their employability skills (specifically developing their personal, social, creative and thinking skills)

• To nurture pupils' aspirations and put them on the path to achieving them

To celebrate the young people involved and the positive impact it has on their lives. Interested? To register your interest in the programme, please click below. If you have any questions, please get in touch

with izzy.perry@youthsporttrust.org

Beyond the Baseline - Youth Sport Trust

