



Chester SSP



Newsletter



March 2023

Welcome to the Chester School Sport Partnership newsletter for March. This has been a busy half term with competitions, teacher CPD and the Young Ambassador programme. Thank you to all the schools who have been involved with our activities this term.

We have the Cheshire and Warrington Winter School Games county finals this month, the Step into Sport Young Leaders Conference in Warrington, and we are also involved in the FA's Biggest Football session. We would like to wish all our schools the best of luck in the county finals!

If you are planning on entering any primary school events in the summer term, please do enter via our website <https://chesterssp.co.uk/>.

60 Active Minutes—A key focus for School Games is to support schools in achieving the ambition of 30 active minutes within school time to enable the advocacy of the Chief Medical Officer that every child should aim for 60 active minutes a day. We are running a central training session on the 60 Active Minutes which all schools have been invited to on Thursday 30th March at Blacon High School. Please book your place via our website on <https://chesterssp.co.uk/cpd/>. This training is open to staff from primary and secondary schools.

Inclusive Health Check—Please do spare a few minutes to complete the Inclusive Check on your School Games dashboards. Further information on this is later in the newsletter.

Studio You

Discover free video-based PE lessons for girls aged 13-16. **Studio You features a wide range of fun and engaging** videos for PE teachers to use within their lessons. They offer accessible and inspirational content that is suitable for every fitness level, delivers an engaging curriculum and empowers every student to move.



Use Studio You to plan your lessons by choosing the duration, format and type of activity that's right for your class. Alternatively, let students browse the videos during lesson time and pick the ones they want to try.

Register your school on the website to gain access to the videos.

<https://www.studio-you.co.uk/>

[Studio You Cheshire Schools Update](#)

Primary Teacher CPD

On Tuesday 7th February, we organised the FA Primary Teacher CPD course at Northgate Arena in Chester. We had 22 primary school teachers in attendance from across Chester and Ellesmere Port.

The course provided an introduction to the skills, knowledge and understanding required to plan and deliver high quality KS1 / KS2 Physical Education lessons. The course also demonstrated how the vehicle of football can be utilised to deliver certain aspects of the National Curriculum.

The course explored the Physical Education Purpose of Study at KS1 and KS2 linking relevant subject content to support and accelerate pupil learning, learning through games and mapping a PE Curriculum.

Thank you to all the teachers who attended the course, we hope that you will be able to utilise the course information in your lessons.



Sports Ambassador Training

On Wednesday 25th January at Chester City Football Club's King George v Sports Hub we ran the primary school Sports Ambassador training. Here the children learnt about the role of a Sports Ambassador and what they can do back in their schools.

They were tasked with setting up a School Sport Organising Crew, organising a level 1 intra school competition and also helping with the sports notice board.

Many were new to the role and it was good for some of the year 6 children to share their experiences and knowledge with the year 4/5 children on what they currently do in their role at their school.

Thank you to all the parents and teachers who brought the children to the event.



Year 5&6 Sportshall Athletics



On



Tuesday 17th and Wednesday 18th January, we held our Year 5&6 Sportshall Athletics competitions at Ellesmere Port Sports Village.

Over the two days, we had 21 schools attending. Winners of the events each day are as follows:

Tuesday morning: St Clare's
Tuesday afternoon: Upton Heath
Wednesday morning: Highfield
Wednesday afternoon: Saughall All Saints

At the end of the competitions, all the results were put together to reveal the final standings:

1st—Saughall All Saints

2nd—St Martins

3rd—St Clare's

Well done to Saughall and

St Martins who will go on to represent Chester at the county finals. Many thanks to CEPD and West Cheshire Athletics Club for helping to run the events.



Year 5&6 High 5 Netball and Year 3&4 Bee Netball Festival

On Wednesday 8th February we had our Year 5&6 High 5 Netball competition at Blacon High School. We had Nichola Foulkes from England Netball in attendance who was impressed with the standard of netball and the number of teams attending our events.



We had 16 teams playing over 4 netball courts with the winners of each court going through to the semi finals. The 4 winning teams were Belgrave Primary School, Huntington Primary School, The Queens School and Mickle Trafford Primary School. Through to the final we had Belgrave Primary School and Huntington Primary School with Belgrave Primary School shooting the winning goal to be Chester Champions. They will now represent Chester at the Cheshire and Warrington Winter School Games county final. Well done to all the teams for taking part and good luck to Belgrave Primary School!

The umpires were sports leaders from Blacon High School who did a fantastic job in umpiring the matches, well done girls and thank you!

On Thursday 9th February we had our Year 3&4 Bee Netball festival at Blacon High School, where teams of 4 children rotated around different timed stations. Bee Netball is England Netball's fun and nurturing programme for children (aged 5-9-year-olds) at the beginning of their netball journey. It is designed to introduce children to netball skills: throwing, catching, footwork and shooting.

We had 11 school teams taking part involving 46 children who were new to the sport. It was a lovely relaxed festival where the children enjoyed learning new netball activities. Thank you to the teachers who supported their teams on the day and to Nichola Foulkes from England Netball for attending the event.



Year 3&4 and 5&6 Key Steps Gymnastics



On Thursday 16th February Ellesmere Port Gymnastics Club hosted the Year 3&4 and 5&6 Key Steps Gymnastics competitions. The results are as follows:

3&4 winners Oldfield Primary School, and Mickle Trafford Primary School in 2nd place.

5&6 winners Oldfield Primary School and St Werburghs Primary School in 2nd place.

Individuals through to the 5&6 county final: Roxie, Isla and Isabelle from Mill View. With Sophia from Mickle Trafford Primary School representing Chester in the 3&4 individual final. Good luck to everyone at the county finals and a very big thank you to Ron Bell and his team from Ellesmere Port Gymnastics Club for hosting and running the event for us at their fabulous facility.



Cheshire & Warrington Winter School Games—Boccia



On Friday 20th January at Cardinal Newman High School in Warrington, the first of the Cheshire and Warrington Winter School Games events took place. This was the PAN primary and secondary boccia events.

Representing Chester we had the wonderful team from Chester Blue Coat Primary School who played extremely well. It was a fantastic event where for most of the children, this was the first time they had represented their school at a county final. The team from Chester Blue Coat

were wonderful to watch and it was a lovely day for everyone involved. Well done to the children and teachers from Chester Blue Coat!.



New Age Kurling

We had a lovely day at Cardinal Newman High School in Warrington for the New Age Kurling competition which was on Friday 10th February. Representing Chester we had Dorin Park School and Tarvin Primary School. Both teams played extremely well with Tarvin finishing in second place and Dorin Park in sixth place. Well done to all the children and thank you to the teachers for attending the event.



Cheshire Schools FA

In January we had the county finals of the Cheshire Schools football tournaments.

Over 550 children were involved from across Cheshire.

St Martins Academy U11 girls football team won the Cheshire Schools county final. Good luck to them in the regional rounds.

Delamere Academy were in the U11 small schools tournament and they won every game in their group stage. They then won their semi final, but missed out by one goal in the final in extra time. Well done to the team!



The Cheshire Schools Football Association are looking for volunteers to help run the association. The association is the parent body for primary and secondary schools in the Cheshire Education Authority. The association is effectively kept going by a group of four retired teachers who are now seeking some assistance.

If you would like to find out a bit more, please contact John Clark
j.r.clark@talktalk.net

School Games—Inclusive Health Check

What is it?

- The Inclusive Health Check (IHC) is a resource that has been designed in partnership with the English Federation of Disability Sport and allows you to self-review your provision of inclusive School Games opportunities.
- It takes the form of a simple self-review made up of just 20 questions which all require no more than a yes/no answer.
- There is no pass/fail associated with the IHC. Once you submit your answers the only thing to happen is that you will be provided with a personalised action plan and top tips to support you in the future.

Why complete it?

- The process and the questions are a great way to help you reflect on your current school games provision and how inclusive this is for all young people in your school. It will help you identify strengths and also establish the areas for development which could then be supported by your Primary PE and Sport Premium.
- You will be signposted to additional resources and given top tips to support you in the next steps of ensuring your sport provision is inclusive for all.
- Completing the suggested actions can lead to increased opportunities, increased participation and celebration of success which can be shared with children, parents and Ofsted.

How do I do it?

- Log in to your school's dashboard on the School Games Website. You will need to enter your username and password. If you have forgotten these details, please contact us.
- Click on Start the questionnaire and start the process by answering yes or no to each of the questions. You can complete it all in one go or complete one section at a time, saving it as you go through. <https://www.yourschoolgames.com/>

Inclusive Health Check

The Inclusive Health Check review tool should be considered a development opportunity that promotes ongoing discussion and reflection over the school year with a range of practitioners (e.g PE lead and SENCo). It should be clearly linked to identified impact on pupil outcomes.

★ Top tip: Apply the broader inclusive principles that are highlighted throughout the Inclusive Health Check across all your competitions (considering specialist populations such as young people with SEND, BAME, Girls, Faith groups, children who are eligible for Pupil Premium)

For each question, select the level that best fits your school, according to the key below.

SAVE YOUR PROGRESS AND FINISH LATER



SUBMIT YOUR COMPLETED QUESTIONNAIRE





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Don't forget to follow us on Twitter for all the latest pictures and updates.



Website: www.chesterssp.co.uk

If you no longer wish to receive the Chester School Sport Partnership newsletter, please can you notify us on enewstead@blaconhigh.cheshire.sch.uk or claire.smedley@blaconhigh.cheshire.sch.uk and we shall remove you from our mailing list.

'Providing opportunities for every young person to shine'

Inclusive PE provision – access free tips and resources

Data suggests not all young people with special educational needs and disabilities are fully included in PE and school sport and yet we know that a positive experience in PE and school sport is essential to shape every child's life-long participation.

Sometimes, finding the best resources and support to improve your inclusive practice can be a challenge, so we want to help you to access the most relevant information. By registering below and completing the self-assessment, you will be directed to relevant resources based on your answers and receive tips to continually improve the way you work.

[Inclusion 2024 Inclusive PE hub](#)

[Register and complete the Inclusive PE self-assessment](#) >



Welcome to the inclusive education hub. Here you will find lots of support for you as teachers or school staff to review and improve your inclusive physical education and school sport delivery. It is all made possible through the Department of Education funded, Inclusion 2024 project.

Once **registered**, you will be able to complete the Inclusive PE self-assessment. Then you will be directed to relevant resources based on your answers and receive tips to continually improve the way you work.