

School Games Information Sheet

The School Games is a government led programme which inspires young people to be physically active for life through positive experiences of daily activity and competition.

The School Games aims to provide every child with a positive experience in an environment where the young person's motivation, competence and confidence are at the centre of the competition.

The School Games creates opportunities and experiences that young people will enjoy.

The combined national network of over 450 School Games Organisers and more than 40 Active Partnerships work together locally to deliver targeted opportunities for young people from over 40 different sports and activities.

Mission:

Putting physical activity and competitive sport at the heart of schools and providing more young people with the opportunity to enjoy competing and achieve their personal best

Vision:

The School Games will continue to make a clear and meaningful difference to the lives of even more children and young people

School Games Organisers
Chester School Sport Partnership:

Claire Smedley & Elizabeth Newstead

www.chesterssp.co.uk



The School Games supports the wider development of young people:

Physical Development: Being active for at least 60 minutes a day supports young people to have immediate and long-term health benefits.

Personal Development: The School Games has a positive impact on young people's personal development, such as developing their leadership skills and resilience.

Emotional Development: The School Games improves young people's self-esteem, reduces stress, supports their mental wellbeing and builds their resilience.

Social Development: The School Games provides a sense of belonging, enabling young people to develop their teamwork, communication, empathy and respect for others.

Instilling the **School Games values** of passion, self-belief, respect, honesty, determination and teamwork supports schools to achieve their broader whole school objectives.

The School Games removes barriers and improves access for those young people facing inequalities and in greatest need. These offers are coordinated on a geographical basis through the local School Games Organiser and supported across the county by the Active Partnership.

