

Chester SSP



Newsletter

December 2022

Welcome to our second edition of the Chester School Sport Partnership newsletter for this academic year.

We have had a busy term with over 1200 children attending our sports competitions / events. Thank you to all the teachers and support staff who have come along to our events and helped with your teams.

If you have not yet had the chance to look at the Koboca website and survey your children, please do. The information that your school will be able to view will be extremely useful and helpful for your school, as well as for when you complete the School Games Mark. Further information is within this newsletter.

We hope that you have a lovely well deserved break over the Christmas holidays and we look forward to seeing you in the Spring term. Our first events in January are the Sportshall Athletics competitions, so please do book onto these now if you have not yet done so. Please visit our website https://www.chesterssp.co.uk if you wish to enter any primary school competitions and events this year. We always send an email out a few days before an event with confirmation of the location and time of the event, please do keep an eye out for these. If you do not receive the email, you have not booked on.

If your school (primary or secondary) would like to receive 60 Active Minutes training to more than one member of staff, please do let us know and we can come to your school and deliver it for you. A key focus for School Games is to support schools in achieving the ambition of 30 active minutes within school time to enable the advocacy of the Chief Medical Officer that every child should aim for 60 active minutes a day. We will be running a central training session on the 60 Active Minutes which all schools will be invited to.

Save the date—Sports Ambassador Training

The Sports Ambassador training session for member primary schools will take place on Wednesday 25th January from 1-3pm at the King George V Sports Hub in Blacon. A letter will be sent to schools early in January to confirm the names and request the consent forms.

This session will be for two sports ambassadors from year 5 or 6.

The training will focus on:

What a Sports Ambassador is, the roles and responsibilities of an ambassador and the skills required to be most effective in their role. The Ambassadors will be given tasks which they can take back and deliver at their school.

Active School Planner

The Active School Planner is an excellent way for teachers to see how active their class is during the school week. The Chief Medical Officer recommends that children take part in physical activity for 30 minutes within the school day, and 30 minutes outside of the school day. Is your class being active for 30 minutes every day?

By logging down how active your class is, you can see where there are any gaps in physical activity or long periods of time when the children are sitting down. Once these gaps are identified, the website gives you a report on suggestions to increase physical activity during these time periods.

For any school wishing to apply for the School Games Mark for 2022-2023, the completion of a Heat Map is part of the criteria for the Silver and Gold award. Thank you to the 21 schools who have already completed your heat maps for this academic year—amazing!.

Please do contact us if you need any assistance. https://activeschoolplanner.org/

Inclusive Health Check

If you want to save time this year and have a few minutes now, then please have a look at completing your Inclusive Health Check on the dashboard of your School Games website login page.

There are no right or wrong answers for the health check, it's all about helping you to have a development plan in place in your school to ensure that it is inclusive.

On completion of the health check, an action plan is ready to print off with suggestions and links for top tips and actions to help you.

If you need any help with the Inclusive Health Check or the School Games, please do ask.

Impact Awards

This year the Youth Sport Trust are asking us to send in more Impact case studies. If you have attended an event or taken part in the Playground Leaders Training or similar and it has made an impact on an individual, the class or the school, please do contact us.

We have already heard of some children who have attended a competition this term and two girls have decided that they want to go and join the local sports club. This is fantastic, and the case studies are asking for more details on examples such as these.

We want to know whether any events or activities have helped with confidence or resilience, or whether children have become more active or enjoy PE and sport more. Please, anything that you can think of that we can use as examples of positive experiences in PE and Sport and the impact it is having on the children.

We have a template for the case studies, so filling them out should be fairly straightforward. If you have any questions or would like to speak to us about it, please do contact us.

All case studies are sent off to the Youth Sport Trust and each term, some are selected as winners for the termly Impact Award.

Quick Sticks Hockey

On Thursday 20th October Upton High School hosted the Year 5&6 Quick Sticks Hockey competition. We had 12 schools taking part involving 71 children, many of whom were new to the sport. By the end of the event it was clear to see how the level of skill had improved with each match as the children grew in confidence and competence.

The winning school were St Clare's Catholic Primary School with a strong team from Hoole CE Primary School finishing as runners up.

Well done to all the children who took part in the event.

Thank you to Judith Gilmour and the coaches from CEPD for refereeing the matches.



Boccia and New Age Kurling Festival

On Monday 7th November 10 schools attended the Boccia and New Age Kurling Festival at Northgate Arena. This was a fun and relaxed event where children learned how to play the sports and took part in non competitive games with the other schools. It was just lovely to watch the children enjoy themselves in a sporting environment, many of whom had not represented their school before. Well done to all the children involved and thank you to all the teachers who supported their children at the event.



Girls Basketball

Ellesmere Port Sports Village hosted the Year 4-6 Girls Basketball competition on Thursday 10th November. We had 12 teams and 85 children, many of whom were new to the sport. The coaches did a fantastic job in guiding the children on the rules and play of the game. By the end of the tournament the girls were more competent and confident, and there was some great basketball being played.

Thank you to the coaches from CEPD who refereed the games. Well done to all the teams who took part and to Tarvin Primary School for winning the event.

SEN Festival

On Tuesday 22nd November we had our SEN Festival at Ellesmere Port Sports Village. Here we had 13

schools and 46 children take part in the event. The children rotated around 4 different activities: archery, sitting volleyball, table cricket and new age kurling. This was a fun, relaxed event where the children could learn new skills and enjoy taking part in new sports.

Thank you to Cheshire Cricket for running the table cricket activity and also to the coaches from CEPD. We really do enjoy these events and love seeing the smiling faces of all the children.









Year 1& 2 Multi Skills Festivals

On Wednesday 30th November and Wednesday 7th December we held our Year 1 and 2 Multi skills festivals at Northgate Arena. We had just over 700 children from our schools attend the event.

The children took part in six different activities involving target skills, balance, throwing and catching, hand/eye coordination and locomotion. For many of the children, this was the first time out of school to attend a sports event and the level of excitement in the room was phenomenal.

Thank you to all the teachers, support staff and parents for helping their school groups and even joining in with some of the activities. Thank you also to Judith Gilmour and all the coaches from CEPD for helping at the events. Well done!









Koboca Survey

The autumn term is a great time of year to survey the children to find out a little bit more about how they get to school, what sports they like to play, whether they are they in a community club etc.

Across Cheshire and Warrington we have designed a survey for school children to answer these questions. Split into key stages, the questions are child friendly, age appropriate and easy to complete.

As a school you will be able to immediately see the results which can help you to plan for the year ahead. Only your school will be able to see the names of the children.

For upper KS2 and high school you can easily send out a link / QR code to the survey as homework for the children.

By using the survey you are able to gain valuable evidence for the School Games Mark such as tracking the 30 mins of activity within and outside of school for the recommended 60 Active Minutes. You are also able to find out which of your children are inactive and what sports they want to take part in. This will help you to engage your least active children.

Schools need to register on the Koboca website and select Chester School Sport Partnership as your area. There is no need for you to purchase a license for the website as we have done so for **all** our schools. https://www.koboca.co.uk/ If you need any assistance, please do contact us.

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Chester School Sport Partnership Blacon High School Melbourne Road Blacon, Chester CH1 5JH Phone: 01244 371475 ext 130



School Games Organisers: Claire Smedley & Elizabeth Newstead claire.smedley@blaconhigh.cheshire.sch.uk enewstead@blaconhigh.cheshire.sch.uk



Don't forget to follow us on Twitter for all the latest pictures and updates.



Website: www.chesterssp.co.uk

If you no longer wish to receive the Chester School Sport Partnership newsletter, please can you notify us on <u>enewstead@blaconhigh.cheshire.sch.uk</u> or <u>claire.smedley@blaconhigh.cheshire.sch.uk</u> and we shall remove you from our mailing list.

Providing opportunities for every young person to shine'

Updated Guidance on the PE & Sport Premium Funding

Please see the link below on the updated guidance for the PE and Sport Premium funding released on 4th November.

PE and sport premium: conditions of grant 2022 to 2023 - GOV.UK (www.gov.uk)

The deadline for using <u>PE and Sport Premium</u> allocated in the 2021 to 2022 academic year was 31st July 2022. The exceptional permissions for schools to carry forward PE and Sport Premium funding which was granted during the COVID-19 pandemic has now ended.

Any schools with unspent funding from 2021 to 22 academic year should make **arrangements to return this to the Department**.

DfE will continue to sample school PE and Sport Premium reports. Where unspent 2021/22 funding is identified, DfE will seek to recover any monies which have not already been returned.