



Chester SSP



Newsletter



September 2020

Welcome to the first Chester School Sport Partnership newsletter for the autumn term.

We hope that you had a nice break over the summer holidays and are ready for the new academic year.

Thank you to everyone for their support over the last few months, it has been good to stay in touch with so many of you in such challenging times.

Although we are not meeting 'face to face' at the moment, we are still here to support schools where we can. We have sent out the membership package information to all the primary schools and will run the programme as best we can (remotely for the time being).

The School Games events will still happen this term in a similar timetable to previous years, however instead of the events being large festivals with over 20 teams, we will run a virtual programme. As soon as face to face festivals are safe to commence, then we will resume our programme accordingly.

If your school has a new PE Co-ordinator, please can we have the new contact details so that we can update our distribution lists. Similarly, if you have changed role and wish to be removed from our lists, please do contact us.

enewstead@blaconhigh.cheshire.sch.uk / claire.smedley@blaconhigh.cheshire.sch.uk

SSP Membership—Primary Schools

If you have not yet done so, please can you return your completed SSP Membership Form for 2020-2021 to Claire Smedley at your earliest convenience.

Thank you.

claire.smedley@blaconhigh.cheshire.sch.uk



DfE Updates (as of 28th August 2020)

We are pleased that sport has been able to resume in some shape and form.

Please do regularly check the government website for any updates and adapt your programme to the current guidelines.

<https://www.gov.uk/government/publications/actions-for-schools-during-the-coronavirus-outbreak/guidance-for-full-opening-schools#section-2-school-operations> (as at 28th August).

Please ensure that you have a detailed PE risk assessment in your school, and that it is continually being updated as and when guidelines change.

The Department for Education have made some updates to their Return to School Guidance. Extracts from the Wraparound provision and extra-curricular activity section and the Physical Activity sections are provided below.

Wraparound provision and extra-curricular activity

Schools should work to resume any breakfast and after-school provision, where possible, from the start of the autumn term. Schools should also work closely with any external wraparound providers which their pupils may use, to ensure as far as possible, children can be kept in a group with other children from the same bubble they are in during the school day.

If it is not possible or practical to maintain the same bubbles being used during the school day (for example, if the number of bubbles in place during the school day prove impractical to adopt within the wraparound provision) then providers should maintain small, consistent groups. We recognise that schools may need to respond flexibly and build this provision up over time. Such provision will help ensure pupils have opportunities to re-engage with their peers and with the school, ensure vulnerable children have a healthy breakfast and are ready to focus on their lessons, provide enrichment activities, and also support working parents.

Schools can consult the guidance produced for [providers who run community activities, holiday clubs, after-school clubs, tuition and other out-of-school provision for children](#), as much of this will be useful in planning extra-curricular provision. This includes schools advising parents to limit the number of different out-of-school settings providers they access, as far as possible. Where parents use childcare providers or out of school extra-curricular activities for their children, schools should encourage parents and carers to seek assurance that the providers are carefully considering their own protective measures, and children should only attend settings that can demonstrate this. DfE has also issued [guidance for parents and carers](#), which schools may want to circulate.

Where schools are satisfied that it would be safe to do so, they may choose to open up or hire out their premises for use by external bodies or organisations, such as external coaches or after-school or holiday clubs or activities. In doing so, schools should ensure they are considering carefully how such arrangements can operate within their wider protective measures and should also have regard to any other relevant government guidance. For example, where opening up school leisure facilities for external use, ensuring they do so in line with government guidance on [working safely during coronavirus \(COVID-19\) for providers of grassroots sport and gym or leisure facilities](#).

Physical Activity in Schools (DfE)

Schools have the flexibility to decide how physical education, sport and physical activity will be provided whilst following the measures in their system of controls.

Sports whose national governing bodies have developed guidance under the principles of the government's guidance on team sport and been approved by the government are permitted. Schools must only provide team sports on the list available at [return to recreational team sport framework](#).

Pupils should be kept in consistent groups, sports equipment thoroughly cleaned between each use by different individual groups.

Outdoor sports should be prioritised where possible, and large indoor spaces used where it is not, maximising natural ventilation flows (through opening windows and doors or using air conditioning systems wherever possible) distancing between pupils and paying scrupulous attention to cleaning and hygiene. This is particularly important in a sports setting because of the way in which people breathe during exercise. External facilities can also be used in line with government guidance for the use of, and travel to and from, those facilities.

Schools should refer to the following guidance:

- [guidance on the phased return of sport and recreation](#) and guidance from [Sport England](#) for grassroots sport
- advice from organisations such as the [Association for Physical Education](#) and the [Youth Sport Trust](#)
- guidance from Swim England on school swimming and water safety lessons available at [returning to pools guidance documents](#)

Schools are able to work with external coaches, clubs and organisations for curricular and extra-curricular activities where they are satisfied that it is safe to do so. Schools should consider carefully how such arrangements can operate within their wider protective measures.

Activities such as active miles, making break times and lessons active and encouraging active travel help to enable pupils to be physically active while encouraging physical distancing.

60 Active Minutes

We are still following the guidelines of promoting the 60 Active Minutes for children in our schools.

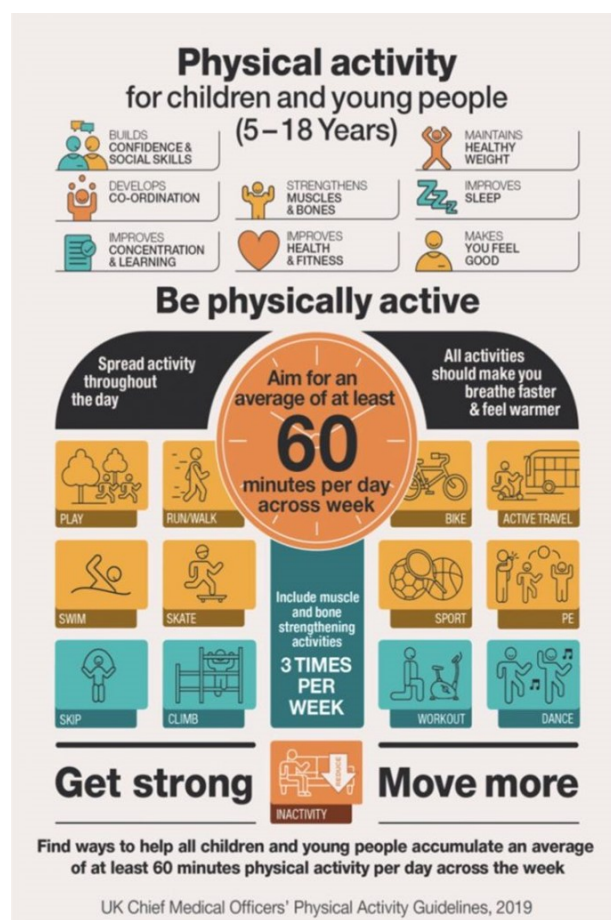
It is so important, even more so now with many children's level of physical activity over lockdown at a reduced level.

The Youth Sport Trust reported that:

- 19% of children met the Chief Medical Officer's recommended average of 60 minutes of daily physical activity during lockdown.
- 43% of children did less than 30 minutes.
- 7% did none at all.

(Source: Sport England).

We will be holding a 60 Active Minutes training session again this year, and more details on this will be available later in the year.



PE and Sport Premium Funding 2020-2021 (Primary Schools)

As a result of the coronavirus (COVID-19) outbreak, the Department for Education has taken steps to relax the ring-fencing arrangements for the PE and sport premium in the 2019 to 2020 academic year to allow any unspent grant to be carried forward into the next academic year (2020 to 2021). Where schools are carrying forward under-spends, their published online report should set out the amount being carried forward and give brief reasons for this under-spend. (Please ensure that the 2019-2020 report has been completed and is on your website).

Any under-spends carried forward will need to be spent in full by **31 March 2021** and schools should factor this into spending plans for their 2020 to 2021 PE and sport premium allocation. The [2019 to 2020 conditions of grant document](#) has been updated to reflect this exceptional amendment to the ring-fencing of the grant.

The £320 million PE and sport premium will continue for the 2020 to 2021 academic year. As soon as the guidance on this has been released, we will let you know.

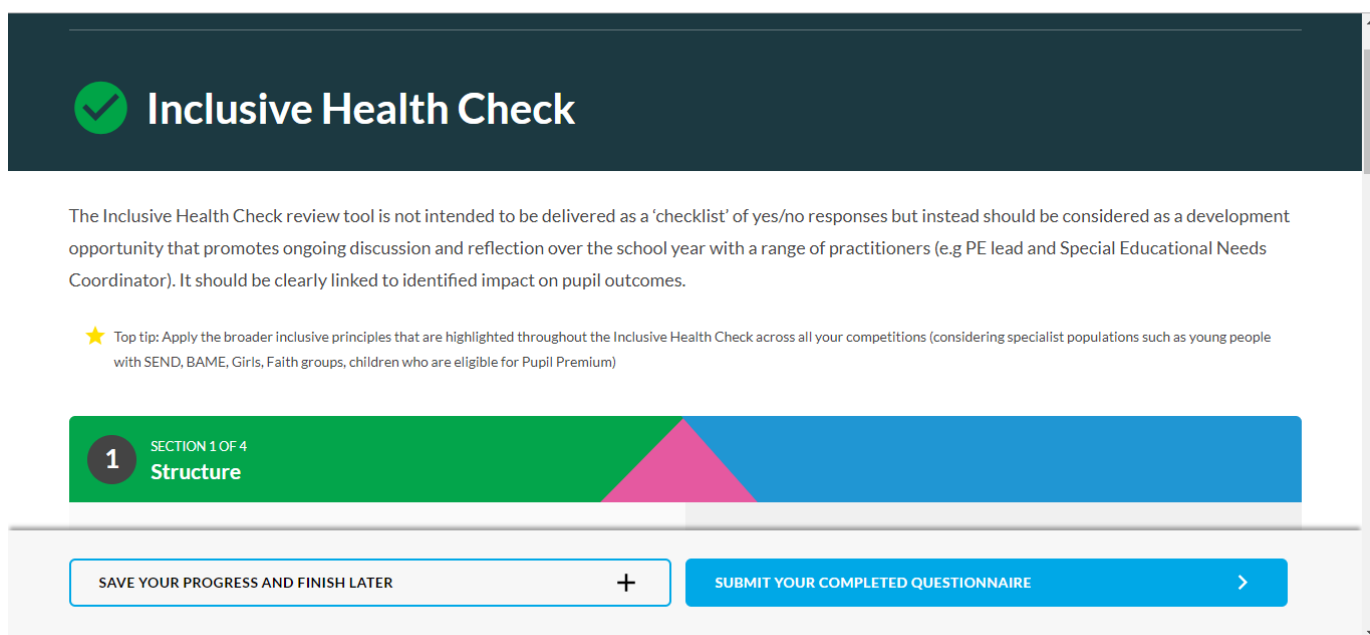
<https://www.gov.uk/guidance/pe-and-sport-premium-for-primary-schools>

Inclusive Health Check

The 2020-21 Inclusive Health Check is now live and can be accessed via your dashboard on the School Games website (www.yourschoolgames.com).

The Inclusive Health Check is a developmental tool which can be completed now to help inform you of areas of development at the start of the 2020-2021 academic year. The Inclusive Health Check gives you an opportunity to review your inclusive provision at your school and offers resources to help you.

Visit your dashboard and complete the Inclusive Health Check now. If you need any help, please do contact us.



The screenshot shows the 'Inclusive Health Check' dashboard. At the top, there is a dark blue header with a green checkmark icon and the title 'Inclusive Health Check'. Below this, a paragraph explains that the tool is for ongoing discussion and reflection, not a checklist. A yellow star icon highlights a 'Top tip' about applying inclusive principles across all competitions. Below the tip is a progress bar with four sections; the first section, 'Structure', is highlighted in green and labeled '1 SECTION 1 OF 4'. At the bottom, there are two buttons: 'SAVE YOUR PROGRESS AND FINISH LATER' with a plus icon, and 'SUBMIT YOUR COMPLETED QUESTIONNAIRE' with a right arrow icon.

New PE Co-ordinator Training

We will be holding a virtual PE Co-ordinator training session for primary school teachers / TA's who are new to the role. This will be held on Thursday 15th October at 4pm.

During the session we will cover:

- Our competition programme.
- The School Games (National Programme, School Games Mark, Inclusive Health Check, C4L Clubs).
- The Chief Medical Officer's physical activity guidelines (60 Active Minutes).
- PE & Sport Premium funding.
- COVID-19

There will also be the opportunity for you to ask any questions about our roles and the work that we do.

If you are new to the role and would like to attend the session, please do book via the CPD page on our website, and we will send out a ZOOM link nearer the time to everyone who has booked on.

<http://www.chesterssp.co.uk/>



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Don't forget to follow us on Twitter for all the latest pictures and updates.



Website: www.chesterssp.co.uk

If you no longer wish to receive the Chester School Sport Partnership newsletter, please can you notify us on enewstead@blaconhigh.cheshire.sch.uk or claire.smedley@blaconhigh.cheshire.sch.uk and we shall remove you from our mailing list.

'Providing opportunities for every young person to shine'

Teach Active

Teach Active is being used across the UK by schools – raising attainment in Maths and English, whilst increasing levels of physical activity. They have recently highlighted over 1,000 plans which are 'socially distancing friendly' and will support your recovery curriculum as you identify and address gaps in learning and lack of activity.

All schools can access 50 free plans here www.teachactive.org

They are also delivering a free webinar 'Adapting Active Maths and English for a Covid-19 World'.

The webinar looks at:

- How you can deliver Active Maths and English activities in accordance with Government guidelines
- How you can support 'catch up' interventions and plug any gaps in learning (as a whole class tool and small teaching groups)

Register here <https://www.teachactive.org/webinars-training/>