

Primary Change 4 Life Sports Club Case Study – Oldfield Primary School.

Change 4 Life Club details:

Day and time of the week you run the club? Monday, Tuesday and Wednesdays 8am – 8.45am in the school hall. Open to all children and free of charge.

What theme does the C4L club have? Adventure.

Year Group of the children who attend the C4L club? KS2, mostly Year 6.

Average number of children who attend the club each time? 20 children – same children each day of the week.

Who is the club deliverer and what role do they have? A coach is employed by the school.

How many sessions / weeks does the club run for? The children sign up for a term.

How have you targeted the group? A letter was sent out to the children at the start of the programme.

Have you included any other activities? Multi skills, dodgeball.

Have you seen a change in the children? Some of the children are calmer after the sessions than when they do not attend the club, and their attendance is better.

Is there anything that you would do differently?

Contact should any other school wish to contact you about your Change 4 Life Club: Ricky Huddart.

March 2015