

Chester SSP



Newsletter



January-February Edition 2016

Happy New Year and welcome to the Spring edition of the Chester School Sport Partnership newsletter. Many thanks for your continued support in our events and programmes thus far!

Thank you also to everyone who have been pro actively using our website to enter for competitions.

This spring term we have had a wealth of events and competitions going on! Basketball, Key Steps Gymnastics, Sportshall Athletics, Exclusive Chester SSP Gifted and Talented sports day and not to mention the launch of our Run2rio project!

We would also like to congratulate Elizabeth Newstead on her new arrival of a baby boy; Benjamin George 7lbs 12 oz! We wish them both well on their new journey, meanwhile we would like to welcome Amina Gani-Shaikh who has joined the team to cover for Elizabeth, please feel free to contact Amina via her email on; aganishaikh@blaconhigh.cheshire.sch.uk.

Finally well done to the winners of the Samba goals for entering our draw—Saughall Primary. We hope you all have a great spring term and look forward to an even more sportier 2016! #TeamChesterSSP!

Year 5/6 Basketball Competition

On Thursday 21st January at Upton by Chester High School a very sweaty hall filled with 149 pupils from all across Chester primary schools were playing some ball! A total of 31 games were played with very close semi finals and finals round. Winners from court A were Chester Bluecoat who played winners from court B—Overleigh St Mary's in the finals. With just 2 points between them in the overall table it was set to be a tough finals.

A big Congratulations to Overleigh St Mary's for their win at the level 2 Basketball competitions who will now go through to the Winter Games to represent Chester schools at the county finals.

We were so impressed with the level of talent and enthusiasm by everyone, so a very big well done to everyone who participated! A huge Thank You also to the young leaders from West Cheshire College for being great mascots and a huge Well Done and Thank You to the referees from Upton By Chester High School for helping to officiate the games—keep up the brilliant work everybody!

Runners up- Chester Bluecoat Primary School



Winners—Overleigh St Marys Primary School





Key Steps Gymnastics- Thursday 28th January 2016.

On Thursday the 28th January at the Ellesmere Port Gymnastics club venue, 13 teams competed in the Key Steps Gymnastics competitions for Years 3/4 and 5/6.

From vault routines to floor routines, backwards rolls and splits the level of competition by the pupils were fantastic! The gymnastics competitions is one of the few competitions which are aimed at non club gymnasts to allow pupils to compete in a discipline they have not competed in as well as to experience a different and technical physical activity at a challenging level.

We would like to say a big Thank you to Ron for allowing us to use his spectacular venue and for organising the course of the day. And another big Thank you to the gymnast judges from The Catholic High School for helping to judge the routines.

The scores were very close with just a few points between the top two teams!

Congratulations to Guilden Sutton for winning the Years 5/6 competitions and Congratulations to Overleigh for winning the years 3/4 competition.

Winners from Years 3/4—Overleigh St Mary's

Winners from Years 5/6- Guilden Sutton





Year 5&6 Athletics Competitions 1/2/3

Twenty five school teams took part in the Year 5&6 Sportshall Athletics on Wednesday 3rd February and Thursday 4th February at the fantastic stadium of Ellesmere Port Sports Village.

There were 500 participants over the 2 days of competitions and of course the hall was roaring with cheers, nerves and excitement!

Pupils were sprinting like Bolt in the 1 lap races, throwing like Backley in the Javelin and jumping like Rutherford in the long jump as well as speed bouncing their way through the first round of events and running the 6 lap parlauf during the final events.

The level of competition was superb with high hopes of future athletes in our younger generation heading for Olympics!

Well done to Upton Heath school who won the first round of the competitions during the Wednesday morning heats. Later that afternoon Christleton won the afternoon competitions with very close scores between the top scoring schools— Great effort! Followed by the final rounds as we cross the finish line on Thursday morning with Overleigh St Mary's winning the final heats—Top stuff!.

After some very close scores , we are pleased to announce and congratulate Overleigh St Mary's who won the overall competition and will be going through to the level 3 county finals on Monday 7th March at The Northgate Arena.

We would like to say a huge Thank you to Tim and Dennis from West Cheshire Athletics club for providing us with their athletics equipment and for helping to officiate the day as well as the coaches and volunteers from CEPD and West Cheshire College students. You all did a great job!! Keep up the running and start clocking your lengths towards our Run2Rio project taking place across Cheshire and Warrington! See page 4 for more information.

Pictured below: Overleigh St Mary's winners of the Sports hall Athletics



RUN 2 RIO!!!!!

We are pleased to announce our Cheshire and Warrington School Sport Alliance new initiative of the RUN2RIO project!

We have worked on an exclusive project designed to help schools around these areas to increase their physical activity levels during school hours with the RUN2RIO theme, which is also a celebration of the journey towards the next Olympic and Paralympics games taking place this summer in Rio.

run_{2rio}



Aim:

The aim of Run2Rio is for individuals, classes and schools to clock up the kilometres by walking and running a pre-designated route, recording their achievements along the way. We have designed a simple tracker to help schools record their laps making it easy to celebrate records and milestones along the road to Rio — a huge 9320 kilometres away from Cheshire & Warrington.

Sign up:

Schools signing up to Run2Rio will receive a discount of 10% off all Buccaneer Promotions sportswear ranges up until the start of the Rio Games on Friday, 5th August 2016. A voucher for £50 to be redeemed at Buccaneer Promotions will be awarded each month to the school achieving the greatest distance per child.

More information:

To find out more about setting up Run2Rio for your school, please see the 'How to...' guide and Run2Rio Tracker on our Downloads— see website below.

Finally Thank you to Bucaneer Group who are a family ran business based in Cheshire for being our sponsor and Thank you to everyone for supporting our project.

So what are you waiting for !? Let's get running and walking and clock up those kilometres!

Tweet-run2rio

Website: http://www.run2rio.org.uk/

Insert from the Chronicle Newspaper below:

NEW INITIATIVE LAUNCHED

SCHOOL SPORT: A new initiative has been launched to help schoolchildren from Cheshire West & Chester to increase their daily physical activity.

Chester School Sport Partnership, working with The Cheshire & Warrington School Sport Alliance, has designed Run2Rio to help schools in the county increase activity levels throughout the school day to the recommended 60 minutes, whilst harnessing the excitement of the Rio 2016 Olympic & Paralympic Games.

The aim of Run2Rio is for pupils to clock up the kilometres by walking and running a pre-designated route, recording their achievements along the way.

By entering information into a tracker, schools will be able to celebrate records and milestones along the road to Rio.

Claire Smedley from Chester School Sport Partnership said: "It's a great and simple way of getting your children active throughout the school day. It's widely known that fitter pupils can concentrate better and consequently do better at school."

Girls Handball Monday 8th February

On Monday 8th February 4 schools competed in the under 13s and under 15s Handball competitions at Tarporley High School.

The under 13s competitions consisted of Tarporley High, Blacon High, Upton By Chester and Christleton schools. The level of play was fantastic with an enthusiastic bunch of young girls competing their way through the games. Congratulations to Upton by Chester for winning the overall competitions with a total of 15 points closely followed by Christleton in second place. Upton By Chester will now go through to the county Handball finals taking place at the Ellesmere Port Sports Venue on Monday 7th March 12.15-4.15pm.

The under 15s competitions included Tarporley High, Upton by Chester and Christleton schools. The level of play was just as brilliant with all teams giving their all with sheer determination and competitive edges which resulted in a three way tie! It came down to goal difference for selecting the finals, with Christleton playing Upton by Chester. Congratulations to Christleton winning the finals with scores of 6-0.

Pictured below on the left are the U13s girls winners from Upton and Christleton U15s girls team on the right.





Mixed Years 3 & 4 Football—Thursday 11th February

On Thursday 11th February on a glorious sun filled, dry but cold afternoon at The King's School, 19 schools participated in the mixed Football competition, consisting of nearly 190 pupils playing some footie!

A high quality standard of Football was played by our years 3&4 pupils from across Chester schools with 4 group's worth of competitions.

Winners from pitch 1 and 2 played in semi-final 1 with St Oswalds vs. Belgrave and semi-final 2 consisted of Dee point vs. King's. Both games were well balanced with pupils giving their all resulting in both semi-finals with ties! This inevitably led to a close penalty shootout with some fantastic saves and goals leaving King's to play St Oswalds in the grand finale.

The final was a nail biting close game with The King's School just stealing the extra goal winning with a 2-1 finish.



We would like to say a huge Thank you to The King's School for hosting the competitions and providing excellent service and to the referees from CEPD for helping to officiate the afternoon. And of course to everyone who played, helped and cheered! Keep up the footie everyone!

Gifted and Talented Sports Day- Monday 15th February

On Monday 15th February during half term over 50 budding talented pupils were selected by their school to come along to our exclusive Gifted and Talented Sports day.

The day included a series of sports tests provided directly by a company called 'Elite Sport Development'. They carried out fun and informative tests on the children which resulted in each child receiving their own unique online profile of their results. The attributes that were tested included: Speed, Agility, Strength, Balance, Coordination, Reflexes, Balance and Jump Height.

The equipment used is similar to that in top professional organisations and gives pupils an insight into how top athletes analyse performance and use it to develop their sporting ability.

The pupils had a great day as did we! Many thanks to Elite Sport Development for hosting such a great day! We hope our young gifted and talented athletes have been even more inspired!

Here are some pictures below;







High 5 Netball—Thursday 25th February

On Thursday 29th February at Bishops High School over 200 pupils congregated to compete in the High 5 Netball tournament! There were 2 competitions an A competition and B competition with a total of 15 teams in the A competition and a total of 12 teams in the B competition.

Despite the winters chill, the pupils, supporters, volunteers and officials were going full steam! An excellent set of games with great levels of netball being played.

In the A competition pupils were giving their all leading to a Waverton vs. Overleigh semi final 1 and a King's vs Huntington in semi final 2. Waverton won 5-0 against Overleigh securing their place in the finals. Whilst King's won 3-0 verses Huntington, securing that final place. It was down to a Waverton versus King's A competition finals!

The finals were nail biting but The King's School put up more shots through the hoop leading to a 5-2 finish to win the A competitions. A very big well done to the King's School in first place with Waverton as runners up.

Meanwhile in the B competition the King's school do it again and compete in semi finals 1 vs Upton Heath. The scores were close with the King's just winning by a point with a 2-1 finish. In semi final 2 Saughall were competing against Belgrave to win a place in the final. Again the level of Netball played by the pupils was brilliant and Saughall just won the game moments before the final whistle with a 2-1 finish. The finals of the B competition were well matched with Saughall vs. King's. Again, a very close game with everyone's competitive natures coming out to grab that final as their victory. The whistle blows and the scores are tied! A golden goal game was played with the first team to score to win the B competition. The whistle blows one more time and Saughall take the win with a 2-1 finish! Congratulations to Saughall on winning the B competitions and a very well done to King's as runners up. The King's School will go through to represent Chester at the level 3 winter games on Wednesday 9th March at The Ball Hall in Warrington! Good luck!

And a very big well done to everyone, once again the talent in Chester is eye soaring and we are pleased to be able to see such great talent put into action! Congratulations once again to The King's School as winners of the A competition and congratulations to Saughall as winners of the B competition.

Thank you to Bishops for hosting us and for providing us with some great young volunteers who officiated the games and also to Judith's coaches from CEPD for also officiating and helping with the running of the competitions. You all have done a great job—High 5!





Saughall All Saints school pictured below as B competition winners



Dates for your diary 2015-2016

March Primary Schools Secondary Schools Primary & Secondary

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1	2	3	4
7 WINTER GAMES WEEK	8	9	10	11
Northgate Arena: Sportshall Athletics Ellesmere Port Sports Village: U14 Basketball, Rowing, Volleyball, Handball, Girls, EBD & SLD Football	Wilmslow High School: Tag & Girls Rugby, U9 Football, Alderly Edge HC: QuickSticks Hockey	Sir Thomas Boteler Ball Hall: Hi5 Netball, Mini-Basketball		
14	15	16	17	18
21	22	23	24	25 Good Friday
28 Easter Monday	29	30	31	

April

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
4	5	6	7	8
11	12	13	14	15
18	19	20	21	22
25	26	27 Champions Train-	28	29 May Day Bank
		ing at Stanney		Holiday weekend

May

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	3	4	5 Primary Teachers award	6
			Football Association	
			@Blacon High	
9	10	11	12	13
16	17	18 Tri- Gold festival	19 Inter School Run @	20
		@ Westminster Park	Delamere	
		1-3pm		
23	24	25	26 Quad kids competi-	27
			tions @ Blacon High	



Chester School Sport Partnership Blacon High School Melbourne Road Blacon, Chester CH1 5JH

Phone: 01244 371475 ext 102 / 138 Fax: 01244 374279



@ChesterSSP

School Sport Managers: Claire Smedley & Amina Gani-Shaikh

claire.smedley@blaconhigh.cheshire.sch.uk aganishaikh@blaconhigh.cheshire.sch.uk



Providing opportunities for every young person to shine'

Best of the Blogs!

In order to make blogging on the School Games website more rewarding, the School Games are introducing the 'Blog of the Week' competition. This is a chance for you to have your story promoted on the official School Games Twitter feed – which currently has over 5,500 followers – with a screenshot of your opening paragraph and a link to view the full story.

Your story will also be included on the front page of the School Games website when they release their monthly celebration of all of the winners. Keep an eye on the 'What's On' section at the bottom of the home page for more information and lots of great stories!

All of the entries made will also be considered as part of the Reward & Recognition Scheme.

All you need to do is ensure that you've entered your School Games Day and that you've blogged on your dashboard. Blogging is easy, simply scroll down on your dashboard and click on the 'create a new post' button on the left-hand side.

If you need some help on how to blog, please contact Claire Smedley or look on the School Games website for a copy of the blogging support document which you can download.



@ChesterSSP Don't forget to follow us on Twitter for all the latest pictures and updates.